

The Fort Huachuca Scout®



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11th Signal Brigade endures



Photo by Spc. John Martinez

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Inside



Photo by Christine Thorps

Cookin'

CDC youth dine in style.

See page A4



Photo by Thom Williams

International studies

Foreign officers train here.

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Photo by Rob Martinez

Hot cars

Car club rallied here Saturday.

See page B1

Monsoon happens - protect yourself

By Joan Vasey
Scout Staff

Due to the transient nature of the military, people come and go. I was one of the many people who did not know what to expect weather-wise when I arrived in Arizona. To me, the word 'southwest' meant 'sunshine.' Therefore, I was unaware of the potentially dangerous conditions monsoon weather brings. But after being here for many years and doing lots of driving while employed with the U.S.D.A. Forest Service, I've learned about monsoon weather first-hand. Whether driving, being outdoors or camping, there are measures we can take to protect ourselves from the sometimes intense weather that can occur during the summer monsoon.

Driving tips

Newly arrived drivers may not have learned that rainfall here can lead to flash floods in a relatively short time. When driving during heavy rainfall, avoid passing through areas where water running across roadways resembles a miniature ranging river. Many low-lying areas are signed with a warning not to cross when flooded. Heed the signs and use common sense.

Water weighs 62.4 lbs per cubic foot and typically flows downstream at six to 12 miles an hour. As water

risks, it pushes against the car with greater and greater force. Once the water gets high enough, the vehicle's buoyancy increases and could be swept away. Two feet of water will sweep away most vehicles with it.

Marilyn Jones, management support assistant, Fort Huachuca Safety Office, says that should your vehicle stall in moving water, abandon it immediately and seek higher ground to avoid being swept away should water levels rise high enough. Be especially cautious if driving at night when it's harder to recognize flood dangers.

Storms here, while often intense, usually end quickly. To arrive safely at your destination, pull off to the side of the road on high ground until the rain subsides. When rainfall ends, runoff quickly decreases. It's better to take this precaution and arrive a bit later than to become a victim. Along with emergency supplies, carry a good book or magazine as a distraction during unexpected delays.

Outdoor safety suggestions

When hiking or working outdoors when storms are predicted or underway, avoid high-velocity flow areas. Do not cross a flooded stream on foot. Get out of areas subject to flooding. This includes dips, low spots, canyons, arroyos and washes. Many young people use cement drain-

See **MONSOON**, page A8

Scout On The Street — What is your favorite thing to do during the summer?



Sam Whitlatch
U.S. Marine Corps (Ret.)



Marc Higgs
Family Member



Fausto Rios
Fort Huachuca Visitor



Sgt. Stephanie Bailey
Headquarters Headquarters Company
11th Military Intelligence Brigade



Dan Carroll
Joint Intelligence Combat Training Center

"... car shows, meeting nice people and all that."

"Work on cars; honestly, that's all I do."

"I like to mess around with my truck, play with my toys!"

"Water skiing, I love to water ski!"

"Priority one is spend time with my family, ... work on my cars, go to the mountains."

The Fort Huachuca Scout

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Military Intelligence Library dedicated to Chief Warrant Officer Christopher Nason

Scout reports



Courtesy photo

Chief Warrant Officer Christopher Nason and Chief Warrant Officer Bunter share a happy moment together in the desert in Iraq.

June water use is 20 percent less than last year

Scout reports

The water pumpage for June is 38,135,000 gallons or 117 acre-feet and is equivalent to 1.3 million gallons per day. The June pumpage is 20 percent less than that pumped in June 2005 (146 acre-feet) and is 59.7 percent less than the 24-year (1982-2005) June average (290 acre-feet). The June pumpage of 117 acre-feet is the lowest pumpage for June during the 24-year period.

Total water pumped year-to-date (607 acre-feet) is 15.3 percent less than that pumped for the same period in 2005 (717 acre-feet).

June water usage at the U.S.D.A. Forest Service Air Tanker Station at Libby Army Airfield is 73,383 gallons. Year-to-date water use at the tanker station is 219,294 gallons.

Treated effluent reuse for June was 31.5 acre-feet. Year-to-date treated effluent reuse is 114.1 acre-feet. The year-to-date reuse is 27.3 percent less

than that reused during the same period in 2005 (156.9 acre-feet). This is water that did not have to be pumped from the groundwater aquifer (a water and energy savings) to irrigate the Mountain View Golf Course and Prosser Village.

Treated effluent for June delivered to the East Range Recharge Facility was 26.6 acre-feet. Year-to-date treated effluent delivered is 210.12 acre-feet. The year-to-date delivery is 6.5 percent more than that delivered during the same period in 2005 (196.4 acre-feet).

The lower water use in June is attributed to the continued effects of the Water Wise and Energy Smart program, demolition of old housing with leaky infrastructure and permanently reduced large lawn areas due to ongoing housing construction. The family housing and new school construction projects had little water use associated with their activities.

DPW at work

The Directorate of Public Works is overseeing the installation of underground electric, telephone lines, and Cox Cable. DPW contracted Sulphur Springs Valley Electric Corporation to maintain the post's high voltage electric system. SSVEC contracted Rutherford Diversified Industries to install the conduit.

The project is underway on Grierson Service Rd. and will continue for the next six weeks. The work requires a backhoe to ascend a steep hill. According to Walt Heller who works for RDI, its length and weight will keep it from sliding down.



Photo by Rob Martinez

A day in the life of CDC kitchen

By Rob Martinez

Scout Staff

There are many facets to running a successful child care program, such as ensuring the quality of care givers and cleanliness and educational programs, but one aspect seems to get overlooked by the casual observer – food services. Yet the U.S. Army Youth Services did not overlook this important part. In fact, there are many involved in advancing the Army-wide Youth Services meal program.

Denise Leininger, lead cook for New Beginnings Child Development Center, is one such person. She prepares and serves meals and snacks for more than 350 children per day. This may seem like an easy task, but as with all artists, the talent is in making the task appear easy.

“A lot of times, when it comes to Child and Youth Services, people always think of the caregivers that work in the room with the children, and yes that is very important ... but being a cook here ... also carries a huge amount of responsibility,” explained Christiane Dilts, food service coordinator for Child and Youth Services.

Not only must Leininger satisfy the taste buds of 350 children, but she must also assure that the Department of Army’s as well as the U.S. Department of Agriculture’s Child and Adult Care Food Program’s stringent standards are met.

Leininger believes in teaching children lifetime eating habits, so she prepares meals low in fat, sugar and sodium. Dilts explained that they are required to serve certain types of food at meals. Breakfast, for example, must include a fruit, and a carbohydrate which could be bread, pancakes or waffles. “Our true bottom line,” she said, “is to basically teach children good eating habits. Not to say that people shouldn’t have bacon and eggs. We serve eggs periodically, but we don’t do the bacon and the sausage, those high fat, high sodium ... items that really don’t have a whole lot of nutritional value.”

On top of adhering to strict USDA requirements, Leininger takes into consideration the children who are allergic to different types of food. “I have a list of every kid who is allergic ... pretty much, I know by heart.” It’s just a routine, she explained; she has all the different foods organized for each child who has special dietary needs.

Leininger brings to the center 15 years of child food service experience; she has worked at the CDC for four years. She also worked at Buena High School for nine years.

“I’m just a cook,” she said. “I’ve never been trained to cook, I just cook. I can go into a restaurant and try something and I can go home and make it. And that’s where I get a lot of my ideas. I see stuff and I tell Chris [Dilts], ‘Hey, we ought to try making this and see how the kids like it.’”

Leininger has married her love for children and cooking with the designs of the Youth Services meal program to create dishes popular with the children. She adds a twist to everything she makes, to create different flavors, and she doesn’t repeat meals within the month. “That is,” she said, “because I like to

cook ... actually I like this because I like the kids. I like the little ones. And It’s just amazing to watch ... how they act with the food. They’re always so happy to see me – I’m the food lady. It’s actually a fun job.”

“Basically,” Dilts said, “our menu ... is down to earth. It’s home cooked meals, rarely anything processed. Even our meatballs are homemade.”

“It’s actually easier,” Leininger continued, “and the food is better that way, especially the pancakes and muffins. It just tastes better,” Leininger even cuts up 40 pounds of chicken breast to make chicken nuggets.

“A lot of parents don’t realize what we do in the kitchen. Some of them do come by ... and I’ve showed them the kitchen ... and what I do,” Leininger said.

Dilts explained that the children are in a learning atmosphere; just like learning good study habits, they are learning good eating habits. “It’s truly a habit,” she said, “and if children are raised with those habits, that is how, hopefully, they will continue to eat as adults.

“A lot of research has been done in nutrition and people’s true eating habits, and they’re not very good. The philosophy is to start children on good eating habits from the time they are born.”

The system, she said, is simple. “We serve children good ol’ home cooked meals. We feel that children are not truly exposed to that any longer. Also we instill a concept called ‘family style meals’ because a lot of times people don’t do that either anymore.”

In the family style setup, children sit around the

See CDC, page A14



Photo by Rob Martinez

Lunch time brings smiles at the Child Development Center. The cook, Denise Leininger, prepares a variety of meals to satisfy the taste buds of 350 children.



Photo by Christine Thorps

Family style dining – During family style dining, children sit around the table with the care givers and serve themselves and pour their own drinks.



Photo by Christine Thorps

Denise Leininger, lead cook for New Beginnings Child Development Center, prepares fresh melon for the next day’s breakfast. She prepares and serves meals and snacks for more than 350 children per day.

RWBAHC announces limited services for official events

RWBAHC release

Raymond W. Bliss Army Health Center staff will be conducting limited operations on the following dates and times for official events.

July 27, from 7:30 to 9 a.m., the Health Center will be closed in order to recognize the retirement of Col. Jeff Macintire, deputy commander for Clinical Services. Routine services and appointments will be

available beginning at 9 a.m.

July 28 the Health Center will close from 7:30-8:30 a.m. and close at 11:30 a.m. to allow staff observe a change of command and participate in organization day. There will be routine operations from 8:30-11:30 a.m. From noon to 4:30 p.m. the Weekend, Holiday, and After Hours Clinic will provide acute care appointments. There will be no ancillary services available after 11:30 a.m., including pharmacy, labo-

ratory, and radiology.

These closures include the outlying Military Medicine Clinic, MI Student Medical Clinic, and Medical Readiness Clinic at Ray Troop Medical Center. Sick call screening for Soldiers assigned to Military Intelligence Student Medical Clinic will be conducted as scheduled both days.

Normal operations and clinics will resume July 31.

Army leaders establish Army Civilian Corps

By Andricka Hammonds

Army News Service

Top Army leaders announced the establishment of the Army Civilian Corps last month.

“The Army Civilian Corps is meant to unify the Army civilian service and embody the commitment of civilians who serve as an integral part of our Army team,” said Army Secretary Francis Harvey and Army Chief of Staff Gen. Peter Schoomaker in a joint memorandum to Army personnel. Army civilians work side by side with Soldiers

deployed around the world. They have played many roles in America’s fight against terror, from assisting in reconstruction projects in Iraq and Afghanistan to training Soldiers for deployment. “The Corps provides identity for the civilian force comparable to their military counterparts – the officer, enlisted and NCO Corps,” said Melinda McMillon Darby, Assistant G-1 for Civilian Personnel. The Army Civilian Corps Creed and the memorandum establishing the Corps are available at the civilian personnel Web site at www.cpol.army.mil under “Top Army Initiatives.”

Establishment of the Corps is a result of a study conducted by the Army Training and Leadership Development Panel from August 2001 to February 2003. Through written and online surveys with civilians, focus-group sessions and personal interviews, an executive panel comprised of senior civilian and military subject-matter-experts concluded the needs and concerns of Army civilians.

The study also resulted in the November 2004 establishment of the Civilian Advisory Board, which serves as an advocate for civilian matters raised to the Army chief of staff.

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Post invaded by jungle creatures Saturday!

Story by Anthony Reed

Scout Staff

For one night only, there was a jungle in the desert.

The Missoula Children's Theatre, with the help of 36 Fort Huachuca youth, brought the legendary story, "The Jungle Book," to life at the post's Murr Recreation Center Saturday.

The MCT is the nation's largest children's theatre. It is a non-profit organization based in Missoula, Mont. The group has been touring for more than 30 years – traveling from Montana to Japan. They provide the set, lights, costumes, props and make-up, and each community provides the cast.

According to Marty Johnston, Fort Huachuca Outreach Services director, auditions were held July 10 for roles for youths entering 1st through 12th grades. The MCT selected 32 actors and four assistant directors from Fort Huachuca.

"The child actors and actresses worked very

hard all week learning lines, songs and dances. The four assistant directors learned how to set up a stage, run a spot light, prompt for lines [and more]," said Moore.

"The MCT also included three enrichment workshops covering creativity, social skills, goal achievement, communication skills and self-esteem – all characteristics that we hope our local youths attained through the participation in this project," said Johnston.

"The show was spectacular," gushed family member Toni Barnes. "Everything looked very professional – from the sets to the lights to the wonderful cast. I almost thought I was on Broadway in New York"

"It was cool seeing my friends on stage," said Brianna Horton, 11. "I'm not sure if I could have got on stage to do that, but if we ever have something like this again, I'd like to give it a try."

The one-hour performance brought the book to life. Drivers departing the show were cautious to watch out for wild animals.

Ashley Biski, 13, Samantha Lawrence, 8, Miles Clay, Jared Tranfaglia, 10, and Kai Hohman perform a scene from "The Jungle Book."



Photo by Stephanie Lawrence



Photo by Anthony Reed

The Missoula Children's Theatre, based out of Missoula, Mont., performed "The Jungle Book" at the Post's Murr Recreation Center with the help of 36 Fort Huachuca youth who performed on and backstage.

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From **MONSOON**, page A2

age areas for bike or skateboard activity. Parents should warn their children to get out of these areas if there's any sign of storms nearby. It can be raining in higher country and runoff from an area miles away can rapidly flood a drainage and sweep people away. Once, while driving in Whetstone, I watched water rush down a wash toward me though it was perfectly dry where I was. It was raining in the Whetstone Mountains, several miles away. The runoff could easily have swept a small child away.

Lightning is one of the most dangerous features of a thunderstorm, and, according to many sources, a person has a greater chance of being struck by lightning than winning a lottery jackpot.

Lighting strikes may involve electrical currents up to 100,000 amps and temperatures over 54,000 degrees. Lightning kills 100 or more people per year, almost more than any other weather event, according to Jones. Since lightning usually kills people one at a time, we rarely

hear about it.

If a storm is in the area, get off or away from motorcycles, bicycles, golf carts, or other metal farm equipment. Do not use the telephone, except for emergencies. Don't shower, bathe, or run water. Stay away from iron fences, clotheslines, metal pipes and rails.

If you're hiking in an open area, take shelter in a brushy area or amongst boulders, preferably in a low-lying depression that does not appear to be a drainage. Do not take shelter under a tree.

To help stay dry, hikers should always carry a large plastic garbage bag or two. In emergencies, these make excellent rain gear, and can prevent hypothermia in the higher elevations when storms can cause dramatic temperature decreases in a very short span of time.

Camping safely

While a tent keeps campers dry, it does not mean

they'll necessarily be safe. During monsoon season, think like a real estate agent. Safety is all about "location, location, location." Avoid setting it up near a stream which could become rain swollen and sweep campers away. Do not place the tent in arroyos, washes, or other drainages. An ideal location would be in an open area protected by shrubbery, but not in an open area under a tree. Putting a plastic bag on the ground will keep water from wicking through the tent floor, and will help keep it clean. Assure the tent is well staked, too. Storm winds can be fierce and can knock it down or blow it away.

We need the summer monsoon rains, and they are a welcome respite during the hot summer month. Whether driving, hiking or camping, use common sense and enjoy the summer weather safely, without becoming a summer storm statistic.

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Caring for international students

Story and photo by Thom Williams
Scout Staff

International military students from around the world attend training at the U.S. Army Intelligence Center at Fort Huachuca.

A small group of people assigned to the 304th Military Intelligence Battalion's International Military Student Office make the training possible.

Members of the IMSO staff meet students at Tucson International Airport, oversee their training and activities here, and then take them back to the airport for a final handshake as they board a plane bound for their home country.

The IMSO currently has a staff of eight people with 62 international students attending classes. Approximately 225 international military members will attend schools at the Intelligence School this calendar year.

The international students go to the Intelligence Officer's Basic Course, the Captain's Career Course and a two-week Intelligence and Combating Terrorism Course. They sit next to U.S. officers during much of the training.

"It's a huge growth industry," said James Krausman, chief, International Military Student Office.

He said that in 1995, IMSO had about 60 students for the calendar year. Now there are that many at any given time.

"Because we've opened up the Captain's Career Course and the situation in the world is such that this has become a priority training installation, we made more spaces available," he said.

International Students attended courses at many U.S. Army

Sponsor an international student

The International Military Student Office is looking for people on Fort Huachuca and in southern Arizona who would like to sponsor an international officer by participating in activities with him or her.

"When we had 40 students in a year it was relatively easy to find 30 people or families that would sponsor students," said James Krausman, chief, International Military Student Office.

The Intelligence Center and school currently has 62 international students attending class.

"A lot of sponsors will say they want to sponsor somebody from a certain country like Korea, the Philippines or Germany," said Rick Dewitt, coordinator of the sponsorship program. "It's hard to get sponsors for the people from Arabic countries because people are still kind of iffy about that."

Dewitt said that anyone can apply to be a sponsor and he is planning a mixer where students and sponsors can meet.

For more information on the sponsor program, contact Dewitt at 533-0678.

Schools under the Security Assistance Training Program which receives most of its funding from the U.S. Department of State.

"There is an officer at the U.S. Embassy in many places who is designated as the security assistance officer," Krausman said. "He'll work with the country's military to determine what the training needs are."

Krausman went on to say that the officer then returns to the Security Assistance Training Field Activity at the U.S. Army Training and Doctrine Command at Fort Monroe, Va. and makes training requests.

TRADOC, in turn, goes to the Army school houses to see how many classroom seats they can fill.

The other services in the Department of Defense train international students, but the Army has more than half who are in training under the Security Assistance Training Program.

Krausman began working at the IMSO in 1980 as a clerk typist, and over the years was eventually promoted to positions of increased responsibility. Now he heads the IMSO.

Because of his expertise in the field, Krausman travels to Defense Institute of Security Assistance Management at Wright-Patterson Air Force Base, Ohio and trains IMSO personnel and chiefs.

The IMSO predominately handles the administrative aspects of international students training and ensures they are ready for training.

The international students who come from countries where English is not the predominate language must take an English Comprehension Level test.

"They have to take that before they can get qualified by the State Department to come here, which is part of the vetting process of background checks," he said.

In order to enroll in the Officer's Basic Course, an international student must score an ECL of 70.

That's roughly the language ability of a ninth-grader, Krausman explained.

"So if you have the experience and knowledge of a lieutenant and the language ability of a ninth-grader it's a bit of a challenge, especially at first, as they are learning all the acronyms," Krausman added.

Ten percent of the international students who don't have the language skills go to Lackland Air Force Base, Texas for up to six months to improve their language abilities before they attend the Intelligence School.

Jet lag is a big concern for the international students so they re-



Major Raphael Mamau, (left) from Kenya and Capt. Gil Jong Sun, from South Korea work on a division exercise in Nicholson Hall.

port a week before a class begins whereas Soldiers may report a day or two early.

IMSO personnel give the students a post orientation when they initially arrive and show them how services work. One example is when it is appropriate to show an identification card at facilities such as the Post Exchange or Commissary.

The international students are also prepared for culture shock and are told not to be offended by activities that are normal in U.S. society but may be taboo in their home countries. This includes practices both outside and inside the classroom.

"We try and treat them just like any other student," Krausman said. "The mandate of the program is they should get the same training on the same equipment to the same level as a U.S. student."

During the Captains Career Course, the international students attend about 50 percent of the classes with their U.S. counterparts.

When sensitive material is taught, the U.S. and international students separate and the international students receive instruction at an unclassified level in a separate classroom.

The students then get back together for a joint exercise.

"We try and make it as real world as possible," Krausman said. "In the intelligence business we have security from the whole world and then we have security from our allies so there are kind of two different levels there."

He went on to say that the interaction prepares U.S. students for dealing with allies while maintaining secure lines, and it gets our allies used to the working environment they can expect in the real world.

When they are not attending intelligence training, the international students participate in a field studies program that introduces them to U.S. culture through

a series of classes and lectures.

Students who attend the Career Captain's Course go to Washington, D.C. for a week, accompanied by a member of the IMSO staff.

In the nation's capitol, they meet a congressman on Capital Hill and they go through the Holocaust Memorial as well as other cultural locations to get a better understanding of the U.S. people and culture.

In Arizona, the students and IMSO staff travel to the State Capital and Mining Museum in Phoenix or to the Desert Museum in Tucson.

Krausman explained that all the trips must have a human rights angle to justify the excursion which is required by the Department of State.

"We want to educate them about our people and culture and democratic government," he said. "Some students come from monarchies and we want them to understand how our democracy works."

Krausman said it never ceases to amaze him how much change he sees in the international students from the time they arrival at Fort Huachuca until they graduate.

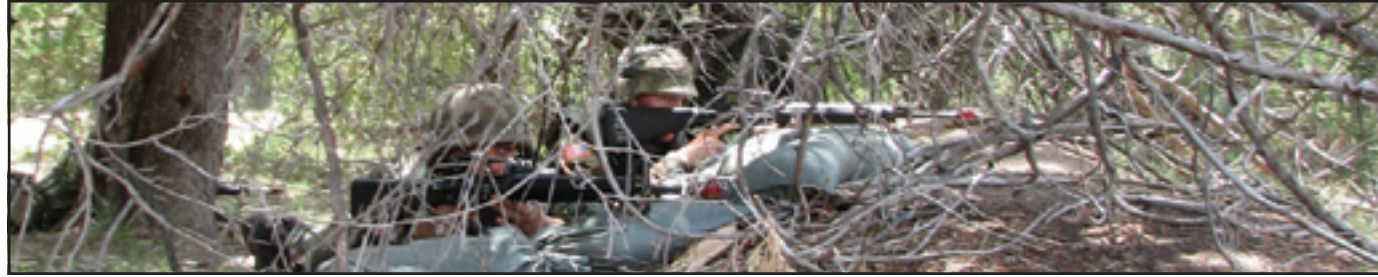
He told a story about a student from Indonesia who took the basic course and was asked to speak at the graduation ceremony.

In his speech, the student related how his father and a friend made it clear that he should stay in his room, study hard and do the best he could do in class and not be contaminated by American culture.

The student said that he learned so much about his fellow students and what American people truly are.

He went on to say that he didn't know how he was going to tell his father what he had learned, but he did know how he was going to tell his son.

Soldiers train as they fight



Scout reports

Soldiers from the 309th Battalion, 111th Military Intelligence Brigade came under random fire this week as part of a field training exercise at Site uniform here. The students are training to earn the 97E Military Occupational Specialty, Human Intelligence Collector. The random fire, designed to create a realistic training environment, is part of the program under which Soldiers train as they fight, so they will be 'relevant and ready' when deployed to combat zones.

Photos by Ken Robinson



Above: Soldiers take cover at Site Uniform during a sniper attack.

Left: While under fire during a sniper attack at a field training exercise, a Soldier pauses behind a tree in order to catch his breath.

Right: During a sniper attack, Soldiers react to fire during a field training exercise here.

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Range closures

Thursday – AH, AK, AL, AM, AN, AP, AR, AU, AW, T1, T1A, T2

Friday – AC, AD, AL, AM, AN, AP, AU, AW, T1, T1A, T2

Saturday – AB, AL, AM, AN, AP, AR, AU, AW, T1, T1A, T2, T3

Sunday – AL, AW, T1, T1A, T2

Monday – AC, AD, AG, AL, AW

Tuesday – AC, AD, AG, AH, AK, AL, AR, AW, T1, T1A, T2

Wednesday – AC, AD, AG, AL, AQ, AU, AW, T1, T1A, T2

For more information contact Range Control at 533-7095. Closures are subject to daily change.

\$1,000 referral bonus offered

Soldiers can earn a \$1,000 lump sum payment for referring someone who enlists, completes basic training, and graduates from Advanced Individual Training.

Referrals must not have previously served in the Armed Forces. Individuals who are referred must enlist in the active Army, Army Reserve or Army National Guard. The referrals must not be immediate family members. (See selected article, page A10.)

The Soldier referring must not be serving in a recruiting or retention assignment.

Exceptions are staff members who are not directly involved with the processing of applicants including staff members receiving special duty assignment pay.

Future Soldiers and Soldiers who are performing duties in the Hometown Recruiter Assistance Program, Special Recruiter Assistance Program, and Active Duty for Special Work Program are also eligible for the bonus.

For Army and Army Reserve refer-

als, call 1 (800) 223-3735 extension 6-0473 or visit the Web site at usarec.army.mil/smart. For Army National Guard referrals, call 1 (800) 464-8273 ext. 3727 or visit the Web site at 1800go-guard.com/esar.

Myer School dedication planned

The new General Myer Elementary School will be dedicated at 10 a.m. on August 4. The public is invited to attend. Parents are encouraged to bring their students to see their new school. Along with performances by the Panther Band and Myer School Choir, there will be refreshments and a tour of the new school.

Former Myer School students who plan to attend the dedication should contact the school office for special recognition on dedication day.

Those who plan to attend should call ahead for reservations.

For information, contact Diane Chinen at 459-8199.

ACAP hosts Employer Visit Day

The Army and Career Alumni Program are hosting an Employer Visit Day from 11 a.m. to 1 p.m. today in Building 22420, the ACAP Center here.

ACAP is a program that prepares separating service members and their family members for life outside the military by offering counseling and job assistance training. The ACAP Center offers assistance with job search process, developing resumes and cover letters, and sharpening job interview skills. Individual career counseling and an extensive library of job search references materials are also available. In addi-

tion, ACAP works with employment to maintain national and local listings of employment opportunities.

Employer Visit Day is a venue for Soldiers, family member, and industry representatives to discuss their mutual interests.

For information, call ACAP at 533-5764 or 533-7051.

Main Post Chapel needs volunteers

Volunteers are needed in various places in the Main Post Chapel; i.e., administrative office, Turnaround Point, and Vacation Bible School. If interested, contact Jo Moore at 533-4748.

Garrison Property Office pick up, delivery changes

The Garrison Property Office no longer provides pick-up services for turn-ins or delivery of new inventory. Customers are responsible for providing their own transportation and loading and unloading of all inventories. Customers requiring turn-in support must provide turn-in documents to the GPO via hand-carry or fax, and allow three working days for editing/processing.

For information, contact Teresa Richards at 538-8771 or Sal Ramos at 533-8522.

Installation retirement ceremony set

An installation retirement ceremony takes place at 7 a.m. July 28 at Chafee Parade Field. The public is invited to attend. Motorists may experience disruptions in the flow of traffic during both the rehearsals and the ceremony.

For information, contact Suzette Krusemark at 533-3185.

2006 Information Technology Expo planned here

The 2006 Technology Expo will take place from 9 a.m. to 1 p.m. Aug. 3 at the Thunder Mountain Activity Centre here. There is no fee to attend and all personnel are invited. To pre-register visit www.fedpage.com and click on "Events and Attendee Registration". Complimentary refreshments will be served. For more information e-mail dennis@fbcd.com

LEPC monthly meeting scheduled

The Cochise County Local Emergency Planning Committee's regular monthly meeting will be held on July 21st, at 1:30 pm in the Science Building Room 200 at Cochise College, 901 Colombo Street, Sierra Vista.

The public is invited to attend. For additional information call Mike Evans at 432-9550.

Leave donations sought

The following Department of the Army civilians on Fort Huachuca are currently on the Leave Donor Program and need leave donations:

Joseph Barnhardt, USAISEC; Kimberly Berry, ITEC4-W; Lorenza Buller-Duran, WCPOC; Linda Halderson, MEDDAC; Annette Hamilton, MEDDAC; Pamela Hastings, CA/ITEC-4; Kenyetta Johnson, NETCOM; Patricia Paiz, 305th MI Bn; Mary Rodriguez, CSLA; Patricia Ryan, CPOC; Roberta Brown-Thurman, NETCOM.

For additional information regarding the Leave Donor Program or how to donate annual leave, contact Schenando Nason, Civilian Personnel Advisory Center, at 533-5273.

Chaplain's Corner

Protestant Sunday Services

8 a.m. Episcopal

8:30 a.m. Lutheran

9:00 a.m. Gospel

9:30 a.m. Protestant

11 a.m. Cross Roads

11 a.m. Collective Protestant

Roman Catholic Worship

Mon.-Fri.

Mass 11:30 a.m.

Saturday Confession 4 p.m.

Saturday Mass 5 p.m.

Sunday Mass 9:15 a.m.

Sunday Mass 11:30 a.m.

Jewish Worship

Friday 7 p.m.

Protestant

• PWOC Tuesday 9 a.m. & 6 p.m.

• Women's Ministry Bible study

1st, 3rd Friday 6 p.m.

• Bible Study/Choir Practice

Thursday 6 p.m.

• Ministerial Staff Training

Tuesday 6 p.m.

• Men's Choir Rehearsal

Tuesday 7 p.m.

• Youth Fellowship

3rd, 4th Saturdays 8:30 a.m.

• Women's Choir

2nd Tuesday 7 p.m.

• Women's Choir

5th Saturdays 11 a.m.

• Youth Church 1st, 2nd, 3rd, & 5th

Sunday 9 a.m.

Catholic

• CCDSunday 10:45 a.m.

• Adoration of the Blessed Sacrament

Friday 3 - 6 p.m.

Korean

OCIA Friday 7 p.m.

MCCW 1st Friday 9 a.m.

Choir practice Friday 6:30 p.m.

Muslim Prayer

Friday 12:15 a.m.

Orthodox Divine Liturgy

1st & 3rd Sunday 9:30 a.m.

Latter Day Saints Service

Sunday 1 p.m.

Youth Ministries

• Middle school

Sunday 4 - 5 p.m.

• High school

Sunday 5:30 - 7 p.m.

Legend

Main Post

Main Post, Room 24

Main Post Blessed Sacrament Chapel

Prosser Village

Kino Chapel

Eifler

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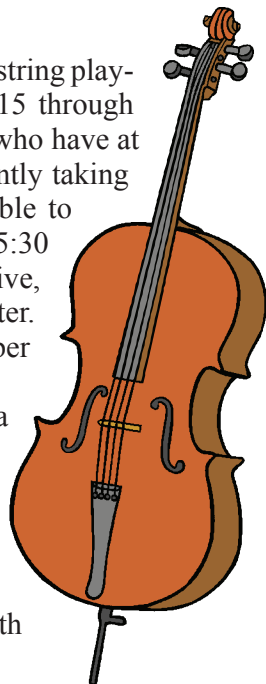
Cochise County Youth Orchestra enrolling members

Scout reports

The Cochise County Youth Orchestra welcomes string players to join next semester, which runs from Aug. 15 through Dec. 12. Students from elementary to high school who have at least one year of playing experience and are currently taking private lessons or who pass an audition are eligible to join. Rehearsals are held on Tuesdays from 4 to 5:30 p.m. at Calvary's Rock Church, 231 N. Canyon Drive, Sierra Vista. Tuition is \$90 for the 18-week semester. Registration deadline is Aug. 10, and a limited number of scholarships are available.

The ensemble is comprised of violins, violas and a cello but would like to include bass players as well. The orchestra plays not only classical but a wide variety of music, including old-time fiddle, western swing, Celtic and popular songs.

Log on to www.ccyo.info or call Emily at 220-1140 to find out more about the Cochise County Youth Orchestra or to receive an application.



From CDC, page A4

table with the care givers, and they serve themselves, and pour their own drinks. "There is a lot of learning taking place, a lot of motor skills development, also about quantities – how much do I take or do I want it at all? Everybody is not herded thorough a dining room and food is slopped on the plate and out the door you go. We don't do that at all," Dilts said.

The food is transported to the rooms on carts, then the caregivers put it into smaller bowls so that each table has the whole meal set. The children pass the bowls around and they serve themselves. "That's the concept I grew up with as a child," Dilts said. "You sit around the table as a family and you eat. So we're not doing the institutionalized eating. We actually do this with two-year-olds ... putting ... emphasis ... into the concept of sitting down at the table, having good conversation, and enjoying food."

This atmosphere, Dilts contends, allows children to try different healthy foods they may not try at home. They see other children eating, and they take

part in serving themselves. "We don't force anyone, punish ... or reward anyone for eating or not eating. Eventually they all eat. We don't say 'I'll give you a cookie if you eat your spinach,' ... because in reality ... you're telling them that spinach is bad. We encourage you to try it ... but we won't force you. It's your choice."

"The way they have it set up here, it's nice," Leininger said. "This is not what I'm used to doing, but I like it because these kids actually appreciate it. I like to go in and watch the kids eat, and they love the food. It makes me feel good. I laugh when all the parents come by and ask, 'How do you make that, cause I make this at home and my kids won't eat it.' I tell the parents exactly what I do."

"And these kids here ... love broccoli, cauliflower, carrots. They love that stuff ... and it's because she's [Dilts] incorporated them into the menu."

"I think what Denise does," Dilts said, "is she puts a lot of love in her food."

Advertisement

Eliminate ants, other pests with simple tips

By 1st Lt. Matthew Ried, Environmental Officer

Fort Huachuca Medical Department Activity

If you are experiencing ant or other pest problems, here is some helpful information.

Food, water, and shelter are the staples for any pest associated with humans. Whether pests are big or small, people provide these things that critters need to survive. They look for these items constantly. Once food, water or shelter is discovered, these pests will not travel far away, and getting rid of them can be quite a challenge.

Therefore, we must do all we can to ensure these three staples are inaccessible to pests. It is imperative that everyone is conscious about the environment and what is in it. Any water or food sources in the workplace or at home could attract ants, rodents and

a multitude of other nasty pests that can cause us serious problems.

Food should be limited in the workplace and kept only in designated break areas. It should be kept in tight-fitting, impermeable containers. Break and work areas should be cleaned daily. Desks, lockers, and closets will not deter these critters, so resist the temptation to hide snacks in your work areas. Bugs like to use cracks and crevices in the walls and throughout your facility to gain entrance and move within the building. Now, and in the future, we all need to be diligent in ensuring that our areas are trash-free, and not an appealing area for these pests.

If ants do find your area, take the following steps:

Determine where they are coming from. This is

easiest to do when they are in large numbers – follow the “trail”.

If they are coming from a hole or crack in the building, place a work order to repair the hole.

Clean the area with a light bleach solution or a cleaning solution after you discover their point of entry.

Ensure any water or food/sugar sources are not accessible.

If these steps do not work, notify post pest control to request a consultation for possible courses of action.

The basic rules of Integrated Pest Management apply regardless of the culprit. Remember, the first steps towards excluding these pests from our buildings are always ours. Eliminate food, water, and shelter — pesticides are always used as a last resort!

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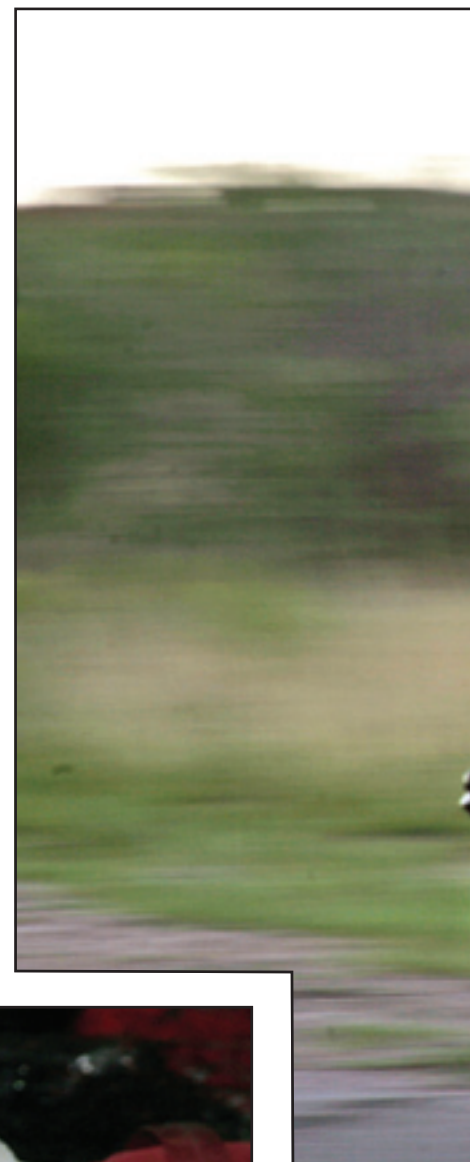
Miniature Soldier e

11th Signal Brigade reports

The 11th Sig Brigade here hosted a miniature triathlon at 5 a.m. Friday in honor of the 11th Signal Brigade. All events had something to do with the number '11.' Activities kicked off with a 1.1K swim event, followed by an 11-mile bike event and concluded with an 11K run. All events began at Barnes Field House. Approximately 90 participants, including 11 teams, swam, ran and biked for top-place honors.

The miniature triathlon ended a few hours earlier than last year's event, according to 11th Signal Bde. representatives. Times for the top four places are listed on this page.

Brisa Alegria, 69th Signal Company, 504th Signal Battalion finishes the 11K run. This was the final event in the 11th Signal Brigade Enduro Challenge.



Preston Tiff, 86th Signal Battalion Operations sergeant major, swims the 1.1 K swim, the kickoff event of the Enduro Challenge. During the mini triathlon, Soldiers challenged their endurance and staying power while vying for the top spot.



2006

Individual

Samantha
Brian Haye
Royal Riple
Benjamin M

triathlon tested endurance Friday

Photos by Spc. John Martinez
Photo illustration by Tara Kerwin



Benjamin Morrison, Company A, 40th Signal Battalion races along the course during the 11th Signal Brigade Enduro Challenge. The bike event, the second event, covered an 11-mile course.

Dalton Mcaninch, 9, finishes the 11K Run with his father, Travis Mcaninch, 269th Signal Company 504th Signal Battalion. Dalton was the youngest participant in this year's event.



Enduro Challenge race results TOP FOUR FINISHERS

Finish order		Team Finish order	
Bird	1:45:32	A-Team	1:38:44
s	1:47:12	(Andrew Michaelson, Russell Collins, Kerbian Edwards)	
ey	1:48:10	No Slack	1:49:00
Morrison	1:55:36	(Tobias Suhr, Michael Martinez, Kim Smith)	
		Desert Dawgs	1:54:13
		(Carlos Acosta, Edward Yates, Matthew Brunson, Rashaud Armstrong, Amanda Becker, Ty LaStrapes)	
		Yarmie	1:55:41
		(Michael Yarmie, Mark Moss)	

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Service News



Ultimate sacrifice in support of the Global War On Terrorism

Sgt. Thomas Turner Jr., 31, of Cottonwood, Calif., died on July 14 at Landstuhl Regional Medical Center, Landstuhl, Germany, of injuries sustained on July 13 when an improvised explosive device detonated near his Bradley Fighting Vehicle in Al Muqdadiyah, Iraq. Turner was assigned to the 1st Squadron, 32nd Cavalry Regiment, 1st Brigade Combat Team, 101st Airborne Division, Fort Campbell, Ky.

Petty Officer 1st Class Jerry Tharp, 44, ofledo, Ill., died July 12 as a result of enemy action when his dismounted patrol was struck by an improvised explosive device while operating in the Al Anbar province of Iraq. He was assigned to Naval Mobile Construction Battalion 25, Rock Island, Ill.

Sgt. Irving Hernandez Jr., 28, of New York, N.Y., died in Mosul, Iraq, on July 12 when he encountered enemy small arms fire during combat operations. Hernandez was assigned to the 1st Battalion, 17th Infantry Regiment, 172nd Stryker Brigade Combat Team, Fort Wainwright, Alaska.

Sgt. Duane Dreasky, 31, of Novi, Mich., died on July 10, in the Brooke Army Medical Center, San Antonio, Texas, of injuries sustained when an improvised explosive device detonated near his HMMWV in Habbaniyah, Iraq, on Nov. 21. Dreasky was assigned to the Army National Guard's 1st Battalion, 119th Field Artillery, Lansing, Mich.

Spc. Damien M. Montoya, 21, of Holbrook, Ariz., died in Baghdad, Iraq, on July 9 from a non-combat related cause. Montoya was assigned to the 3rd Battalion, 67th Armor Regiment, 4th Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Three Soldiers died in Ar Ramadi, Iraq, on July 8, when an improvised explosive device detonated near their Mine Protected Vehicle (RG-31) during combat operations.

All Soldiers were assigned to the 54th Engineer Battalion, 130th Engineer Brigade, Warner Barracks, Bamberg, Germany.

Killed were:

Staff Sgt. Omar Flores, 27, of Mission, Texas.

Spc. Troy Linden, 22, of Detroit Lakes, Minn.

Spc. Joseph Micks, 22, of Rapid River, Mich.

Pfc. Kevin Edgin, 31, of Dyersburg, Tenn., died on July 6 in Baghran Valley, Afghanistan, when his convoy encountered enemy small arms fire. Edgin was assigned to the Army's 87th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y.

Chief Warrant Officer William Flanigan, 37, of Milan, Tenn. died in Kandahar, Afghanistan, on July 2 when his helicopter crashed during combat operations. Flanigan was assigned to the Army National Guard's 4th Squadron, 278th Armored Cavalry Regiment, Jackson, Tenn.

Sgt. Justin Noyes, 23, of Vinita, Okla., died July 2 while conducting combat operations in Al Anbar province, Iraq. He was assigned to 9th Engineer Support Battalion, 3rd Marine Logistics Group, III Marine Expeditionary Force, Okinawa, Japan.

Advertisement

Hero Soldier donates liver to in-law

By Charmain Brackett
Army News Service

Sgt. 1st Class Christine Shedrick shares a bond that few have with an in-law.

"We've always been very close. Now we're more like sisters than sisters-in-law," said Shedrick of the 15th Regimental Signal Brigade, who donated 60 percent of her liver to Tammy Johnson on May 4.

Johnson was diagnosed with primary sclerosing cholangitis five years ago. The disease blocks the bile ducts and leads to a hardening of the liver, which eventually stops functioning.

"The only cure is to have a transplant," said Johnson, who lives in El Paso, Texas.

Johnson lived with chronic pain and fatigue as well as constant itching from the bile being released into the bloodstream. Last summer, doctors told Johnson her liver was failing. She was placed on waitlist for a trans-

plant; however, her priority on the list fell. After family members learned a living donor could give part of a liver, they decided to be tested. Johnson's two brothers were tested first.

"Initially, I was trying to be the donor," said retired 1st Sgt. Rod Shedrick, Christine Shedrick's husband. "Mine wasn't the right proportion."

When their other brother, Sgt. 1st Class Charles Shedrick, wasn't a match, Christine Shedrick stepped up.

She admitted being nervous at first, but knowing her sister-in-law might die if she didn't receive a transplant helped Shedrick's decision.

Johnson said it was comforting that her surgery was on Thursday, May 4, the national day of prayer.

Both women are doing well following the surgery. Johnson, who is the mother of four,

said she had her energy and, most importantly, her life back once again.

"She sacrificed her life, and her job was on the line. If there were complications, she would not have been able to continue in the military," Johnson said.

"She's very humble, and she never complained," said Johnson of her sister-in-law. "I call her every Thursday. It's another week of life."

Shedrick was on leave through the middle of July and said her prognosis is good. She'll have check-ups every three months for the next year, but won't have to take medications or undergo follow-up treatments.

Her husband said he hopes their story will help others.

"We want people to realize the procedure of a live donor. It's pretty safe although there are risks," he said.

(Editor's note: Charmain Brackett writes for The Signal at Fort Gordon, Ga.)

Advertisement

There's still time to sign up for the Steelhead Triathlon Saturday

Morale, Welfare and a Recreation

The Sports and Fitness branch of MWR will hold the Steelhead Triathlon starting at 6 a.m. Saturday at Irwin Pool. Entry forms are still available at Barnes Field House.

This endurance event consists of an 800-yard swim, followed by a 13-mile bike ride on a paved course, and a final 3.1-mile run on a paved road. Deadline to sign up for the Steelhead Triathlon is tomorrow.

Packets may be picked up at Barnes Field House, or at Irwin Pool on race day.

The Steelhead Triathlon is the first event in the multi-sport summer series.

The second event is the 2-10-2 Biathlon, to be held starting at 7 a.m. Aug. 19. This event consists of a two-mile run, a 10-mile bike ride and a two mile run.

Deadline to sign up for the 2-10-2 Biathlon is Aug. 18.

The final event in the series will be the Mystery 10K Run to be held Sept. 9. Deadline for the Mystery Run is Sept. 8.

The sports series is open to all authorized MWR patrons. Male or female athletes, individuals or teams, are invited to participate in one or more of the scheduled events.

Participants may compete in one, two or all three events. Awards will be given to the top three finishers in several different age groups.

Entry forms are available now at Barnes Field House, or participants can register online at www.active.com.

For registration or general information, call 533-3858 or 533-5031.



Nautilus Room at BFH closed

The Nautilus Room at Barnes Field House is closed now through Monday for roof repairs.

For more information, call 533-2948.

Military Idol contestants sought

Army MWR, with permission from the "American Idol" television series, is looking for contestants for the annual Military Idol Competition. Active duty amateur vocalists are invited to submit applications to their local MWR organization no later than July 28. Other talents, (musician, dancer, comedian, etc.) do not qualify for this competition.

Applications and contest rules are available now at Thunder Mountain Activity Centre or on line at www.militaryidol.com.

Active duty personnel stationed at Fort Huachuca, from all branches of the service, are eligible. The local competition is scheduled as follows: first round, Aug. 11; second round, Aug. 18; third round, Sept. 8; and final round, Sept. 22, at Thunder Mountain Activity Centre.

First-round auditions will be performed a capella and judged by a three-judge panel. For all other competitions, performers must provide CD format accompaniment. No a capella or live accompaniment will be allowed.

For Round 2 through the semi-finals, both judges and the audience will determine which contestant moves on to the next level.

At the installation level, the following prizes will be awarded: third place, \$100; second place, \$250; and first place, \$500, plus an additional \$500 for the winner's unit. The first-place winner at each installation will be submitted for consideration on the national level.

Contestants must provide a Commander's Letter of Intent to Release, stating that if the participant is the Installation winner, and if the participant is chosen as one of the 12 national finalists, the active duty member will be released for one week temporary duty to the

National Military Idol Competition, to be held Oct. 28 - Nov. 6 at Fort Belvoir, Virginia.

At the national level, the following prizes will be awarded: 3rd place, \$500; 2nd place, \$1000; and 1st place, \$2000.

For more information, call TMAC at 533-3802 or 533-7322.

Vendor applications available for Fall Festival

MWR has announced that the 2006 Fall Fun Festival will be held Sept. 15 - 17, at Veterans Memorial Park, Sierra Vista. The festival is open to the public and there is no admission charge.

Private organizations, food, craft and other vendors are encouraged to take part in this money-making opportunity. Vendor applications are available now at Barnes Field House.

For more information, call Susan Gasca at 678-4446 or Susan Keltner at 533-0351 or e-mail fallfest06sv@yahoo.com.

Specials at the Sportsman's Center

The Sportsman's Center will hold a trap and skeet classes for beginners at 11 a.m. and a second session at noon, tomorrow. The beginners' clinic will also be offered July 28, Aug. 4, 11, 18 and 25.

The cost of each class is \$10 and includes gun rental, one round of targets, one box of ammunition, ear protection and instruction by a certified instructor.

From 11 a.m. - 2 p.m. July 26, patrons will receive \$1.50 off per round of regularly priced skeet and trap. Regular price is \$4 per round.

From 9 a.m. to 5 p.m. July 30, patrons can enjoy half-price paintball field fees. The Regular price is \$7.50.

For more information, call 533-7085.

Trail ride, steak BBQ, set for July 29

From 4 to 6 p.m. July 29, Buffalo Corral will offer a trail ride, followed by a steak barbecue.

For more information, including cost and reservations, call 533-5220.

Changes at Desert Lanes

Effective immediately, Desert Lanes Bowling Center will offer "Rock 'n' Bowl" from 4 p.m. to midnight, Friday and Saturday. The cost is \$7.50 per person for two hours and includes shoe rental.

Desert Lanes is also offering free coaching for bowlers, at 9 a.m. Wednesdays. Coaching is available to bowlers of all ages.

Bowling leagues beginning in August are now forming at Desert Lanes. New bowlers, old bowlers, and both teams and individuals, are invited.

For more information, call 533-2849.

Free golf clinic at MVGC

Mountain View Golf Course will hold a free golf clinic for beginners from 10 to 11 a.m. Saturday. The clinic will teach the basic fundamentals of the swing and the game. The use of clubs and balls will be provided at no charge.

Space is limited. To register, call 533-7088.

Coaches' meeting for soccer tourney

The coaches' meeting for the Summer Soccer Shoot-out Tournament will be held at 6:30 p.m. Aug. 1 at Eifler Fitness Center. Teams interested in participating in the tournament are encouraged to attend.

The tournament will be held Aug. 12 and 13 at Sentinel Field. The tournament is open to all teams with participants 18 years or older. There will be a \$100 entry fee per team.

For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

New hours at Sportsman's Center

New hours are now in effect at the Sportsman's Center. The facility is open: 10 a.m. - 5 p.m. Wednesday - Friday; 9 a.m. - 6 p.m. Saturday; and 9 a.m. - 5 p.m. Sunday.

For more information, call 533-7085.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

The Scout TimeOut

Enthusiasts show off at car show, sound-off competition

By Rob Martinez
Scout Staff

Stereo, hydraulics, lifted trucks, customs, classics, muscle, imports, basically what any one loves, they can show it at a Lowered Expectations Car Club show.

The Fort Huachuca car club and Auto Sound FX held a car show Saturday in the Post Exchange parking lot.

"What we want to do is bring out a new atmosphere of cars, not just classics and customs, what everybody sees," said Club President Sgt. Russell Knorr, Company A, 86th Signal Battalion. "I want to bring in everything from new age down to the ol' sixties. Basically what the show is all about is if you build it, you can show it."

The club has been around since November, and currently has ten members.

Dave and Christine Paris, of Auto Sound FX, volunteered to set up and judge the stereo sound-off competition. Each contestant was scored on categories such as wiring and safety and frequency range and quality of the speakers. Even the pressure emitted by the woofers was gauged.

In the custom category, enthusiast Jose Zamorano, from Douglas, Ariz., displayed his 1963 custom Chevy Belair, which he restored on his own over three years. He said it has won first, second, and third place in other car shows. With the car sporting its third paint job, Zamorano said, "Yeah, I think I'm going to win today."

Over 20 vehicles in 11 categories were showcased, and guests admired them while listening to the music of a DJ, and a freestyle battle for local talent to sing and rap.

Team Psycho, a Sierra Vista cage fighting team, and the Team Psycho Models showed up to support the event by posing for photos with guests, and contestants and their vehicles.

For more information about Lowered Expectations Car Club and future car shows, call Russell Knorr at 439-0354.



It took three years to restore this 1963 Chevy Belair.



Team Psycho, a local cage fighting group, and the Team Psycho Models showed up to support the show and pose for photos with guests, and contestants and their vehicles. Here they pose in front of the trophy table and DJ booth. Trophies went to winners of all 11 categories.



Over 20 vehicles in 11 categories, such as classic, custom, pre-1972 muscle, and stereo where showcased at the Lowered Expectations Car Club Show.

Sierra Vista brother, sister team hold world karate grand championship title

Scout reports

More than 2,000 competitors competed at the July 7 and 8 annual World Tang Soo Do Karate Championships in Disneyland, Calif.

Zenobia, 14, and Benjamin Sims, 10, both black belt students at the Academy of Fitness Professionals Black Belt Leadership School in Sierra Vista won Grand Champion Cups at the world karate event.

Zenobia won three gold medals and three plaques by placing first in every division – sparring, weapons and forms, outscoring teenage black belt girls from around the world. She finished by capturing the overall grand championship cup in the Black Belt Division for teenage girls.

Benjamin Sims was recently promoted to Black Belt and had to compete against many more experienced Black Belt boys. Benjamin also won gold in sparring, weapons and forms, and finished by capturing the overall grand championship cup for Black Belt Boys Division.

Both sister and brother say their toughest competitors came from Mexico and Europe.

Their brother, Walter Sims, Jr., 12, took first place in two categories, sparring and forms.

Parents Donna and Walter Sims, Army retirees, are employed on Fort Huachuca. Walter Sims is employed by the United States Army Information Systems Engineer Command. His wife, Donna, is with the United States Army Operational Test Command, Intelligence Electronic Warfare Test Directorate.

“I didn’t expect them [the children] to do so well,” Donna said when asked how she felt about her children’s accomplishments. “They were competing against the world, with people from all over.

“I was hoping they would place in one category. I never knew they would do this,” Sims said, awe evident in her voice. “My investment is paying off. They’ve been studying karate for five years. I didn’t expect them to stick with it.

“Everything about the karate academy [they attend] is positive. The kids learn how to deal with bullies, peer pressure, with drugs and alcohol, grades. Everything is positive. When I took them to the school and saw how they [the students] behaved, I wasn’t afraid to leave them there.”



Photo by Johnny Williamson

Zenobia Sims, 14, prepares to perform a staff routine in the weapons category of the competition.



Photo by Johnny Williamson

Benjamin Sims, 10, receives the Grand Championship cup from Grand Master Shin of the World Tang Soo Do Karate Organization.

AAFES Photo contest offers big dollar rewards

AAFES news release

It has been said that a picture is worth a thousand words and now, competing in a photo contest can make it worth \$1,000.

Through July 31, the Army and Air Force Exchange Service is sponsoring the Patriot POG Gift Certificate Photo Contest.

Submission to the contest should depict the essence of activities in Operations Enduring and Iraqi Freedom, or highlight activities in support of deployed troops, such as scenes of service members returning home.

Twelve winning photos will ultimately appear on 5-, 10- and 25-cent POGs which are flat, disc-like gift certificates used in place of traditional currency at contingency exchanges. Winners will also be awarded:

- 1st Prize (2) - \$1,000 Gift Card
- 2nd Prize (2) - \$750 Gift Card

- 3rd Prize (2) - \$500 Gift Card
- 4th Prize (6) - \$50 Gift Card

“We’re looking forward to viewing all of the entries,” said AAFES Chief of Strategic Marketing Mark Polczynski. “We know the photos showing support of our troops will be just as dramatic and emotional as the photos being submitted from those deployed.”

The Patriot POG Gift Certificate Photo Contest is only open to authorized Exchange customers and no purchase is necessary. Designs featured in previous POG series are available online at AAFES.com.

Contestants may submit digital images or mail in photos. Pictures taken with any kind of camera can win as long as the final product is great. E-mail photos to aafesfog@harperhouse.com, include AAFES POG CONTEST in the subject line. All other entries can be mailed to:

Army & Air Force Exchange Service
Attn: MK-MS (AAFES POG CONTEST)

3911 S. Walton Walker Blvd.
Dallas, TX 75236-1598

Each photo submitted must include the complete identification of the picture including location, date, action, and identity of people in the photo. All entries must also include an e-mail address, physical address and telephone number for winner notification.

Digital entries must be submitted in a JPEG file and images are not to exceed 4”x5” dimensions. They must be high resolution, 300 DPI, and the file size should not exceed 1.4MB. Mailed submissions should not exceed 8 1/2” x 11” in size.

Submissions must be received by Aug. 15. Photo contest winners will be notified by Aug. 31.

For a complete list of Patriot POG Gift Certificate Photo Contest rules and information, log on to AAFES.com. The POG Gift Certificates Program began October 2001 to support coinage needs in the Middle East.

America Supports You: group helps deployed GIs’ children

American Forces Press Service

More than 115,000 kids have at least one parent deployed in the war on terrorism, and that doesn’t include those children affected by routine deployments, according to an organization that supports military children.

“War takes its toll on the servicemembers who fight in the field and on the families who wait and worry at home,” according to a news release from “Salute Our Services.” “In the course of their parents’ service to our nation, these children also make many sacrifices.”

Missed birthdays, holidays and special events top that list of sacrifices, the release said. Fear, worry and loneliness also affect children whose parents are deployed.

Salute Our Services supports servicemembers in every branch of service and their families with financial grants. The goal of the grants is to keep children of deployed servicemembers engaged in the activities they enjoy, according to the release.

“We received a grant check in the mail today,” military spouse Michelle West said in a thank-you note to the group. “My children are very excited and are planning to start their extracurricular ac-

tivities next week.”

Salute Our Services also hosts event around the country for the kids as well as sending them letters of thanks.

The organization has offered its services to the children of deployed servicemembers for the past five years, the release noted. “We have assisted families in 45 states around the nation asking for help with their children, while they face new challenges, especially those related to the deployment of one or both parents,” the release stated.

Related Sites:

Salute Our Services: <http://saluteourservices.org/skins/sos/display.aspx>

America Supports You: <http://www.americasupportsyoudo.com/>

Post runners trek to D.C. finish

Story by Anthony Reed
Scout Staff

The post has many avid runners. They are serious about their craft – serious enough to start a race that covers more than 2,300 miles at 7 a.m. on two balmy Saturday mornings.

As part of the selection process to find the best runners to compete in the Army's Annual 10-Miler scheduled to be held in Washington, D.C. Oct. 8, the Sports & Fitness Division here held a series of qualifying 10-kilometer races.

"This is the second year we've done this," said Tom Lumley, sports specialist, Sports & Fitness Division here. "There will be four male and four female runners from Fort Huachuca representing the post at the Army 10-Miler in Washington, D.C."

According to Lumley, qualifying runners must be active duty, and they must compete in at least one of the two qualifying races. "They also must have one

of the four fastest overall times in the combined results of the qualifying races. This is a way of selecting the post's team. Once the team is put together, they will train on their own."

The "unofficial" coach of the team is Brian Hayes of Company C, 304th Military Intelligence Battalion. He ran the fastest time in the first qualifying race with a 40:50.07 time.

"Running is something I love to do," Hayes said. "It's something you have to love to do it as often as some of us do. Competing in the Army 10-Miler is an honor in itself. Our training will be tough, but it will be very rewarding to see the team members excel on race day. We'll try to make Fort Huachuca proud."

Sheila White of the Network Enterprises Technology Command/9th Army Signal Command competed in the first qualifying race. "For me, it's not about competition," she explained. "Running is great exercise and a great stress reliever.

It's a good way to escape for a little while."

Lumley said the team will train on their own after duty hours.

Though the Army 10-Miler is open to all runners, the Fort Huachuca team is comprised of only active duty members who will travel to D.C. on official orders. More than 24,000 service members and civilians are registered for this year's Army 10-Miler.

Lumley said his office will name the official team after tallying all results and ensuring that selected members will be free to train and travel to Washington, D.C. "We don't want to select a worthy runner who is unable to participate due to other commitments like deployment, PCS or TDY moves or other mission requirements."

Hayes will ensure the team is ready for competition. It's a long, leisurely run to the District of Columbia – approximately 2,300 miles. Drink plenty of water!

Commander's Cup races to track and field

Story by Anthony Reed
Scout Staff

The Commander's Cup Sports Program is switching gears – moving into the track and field season.

According to George Thompson, sports specialist, Sports & Fitness Division here, the Commander's Cup Sports Program is a variety of selected sports in which assigned units here earn participation and success points. Each unit must have at least eight participants compete in any given event. At the end of the 'sports year' in August, points are tallied and the unit with the most points is awarded the prestigious Commander's Cup – equipped with a year's worth of bragging rights.

The Sports Office here will be conducting a competitive track and field competition July 29 and 30 at Bujalski Field, located behind Barnes Field House. "We're having the event on Saturday and Sunday this year to give the Military Intelligence units more opportunity to compete," Thompson said.

"Each participating unit re-

ceives 30 points," Thompson said. "The unit that finishes in first place gets an additional 35 points. Second place gets 30 points. Third place gets 25 points."

According to Thompson, MEDDAC had the top track team last year. New events this year will include the women competing in the five- and 10-kilometer categories.

Divisions are aligned by gender and age. The Men's Masters Division is comprised of participants 40 and over. The Junior Veteran's Division is for men 31 to 39. All others compete in the Open Division. They will compete in 1,500-, 5,000-, and 10,000-meter runs.

The Senior Women's Division is comprised of runners 31 and older, and the Open Division is for those 30 and under. They will compete in the 1,500-, 5,000-, and 10,000-meter runs.

Thompson said team rosters are due no later than the close of business Thursday. Late submissions will not receive Commander's Cup credit.

For more information, call 533-0040.



By Rob Martinez
Scout Staff

Sierra Vista youth heads to national bowling championship

One Sierra Vista youth heading to Fort Lauderdale this summer will not only take sun screen, a swim suit, and sandals, but bowling shoes too. Stephanie Regalado, 16, won the 2006 Pepsi United States Bowling Congress Youth Championships here, then she progressed through the regional, and the state championships. She and champions from the other states will convene in Fort Lauderdale, Fla. for the final tournament, which starts July 17 and concludes on the 19th. Contestants are all first-place state championship winners.

Regalado is a regular bowler in the Junior Classic League at Desert Lanes Bowling Facility here. In her particular league, members bowl for scholarships.

"I hope I'm going to do pretty good," Regalado said, "but I've

never been to anything like this before."

Regalado is happy that her whole family is going to see her compete, and feels quite confident in her ability. Lately, she had been working on her technique at Desert Lanes, where the management allowed her to bowl for free to practice for the competition. They also gave her a bowling shirt.

Youths interested in joining leagues and bowling for scholarships can sign up at Desert Lanes Bowling Facility.

According to Coach Ron Fay, the facility offers free coaching on Wednesdays from 9 to 10 a.m., during the summer. Registration for youth leagues will start the last two weekends of August, and bowling will start the second weekend of September. "We will take any youth bowlers," Fay said. "We will also help them learn to bowl if they haven't come out during the

summer." Fay also said that there are more coaches this year than in the past. "We expect to have a very good youth program this year," he said.

According to Fay, the bowling facility is working on awarding scholarships across the board this year, so that all of the bowlers in all the leagues will be eligible to win scholarships.

The scholarships are in the form of a certificate, not cash. The certificates will be sent to the Scholarship Management and Accounting Reports for Tenpins in Milwaukee, and kept there under the bowlers' names, and if bowlers win more scholarship certificates, the money will be added to their accounts. When scholarship winners are ready to go to a school approved by the SMART program, money will be sent to the school in their names.

For more information, contact Desert Lanes at 533-2849.



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Sierra Vista Library

The following programs run on Thursdays from 10:15 to approximately 11 a.m. at the Sierra Vista Public Library, 2600 E. Tacoma Street. Seating is on a first come basis. Due to room size, parents and preschoolers are asked to visit the library during the programs.

July 20—Last Program—Grand Prize Winners announced.

For information, call 458-4225.

Healthy Habits for Life Course

Join the Cochise Health Department STEPS Program for a free series of classes promoting healthy habits for you and your family. The free classes run from 5 to 7 p.m. Tuesdays for six weeks at the Ethel Berger Center near the Sierra Vista City Hall.

The classes focus on healthy eating habits, promote more physical activity, provide healthy shopping tips and develop skills to fit it all into your lifestyle. For more information or to register call 520-432-9456.

Tsunami Nights are back

Ride the big waves at Tsunami Night from 7 to 10 p.m. August 4 at "The Cove" Sierra Vista's Aquatic Center in Veterans' Memorial Park.

Bring your raft, boogie board or just body surf.

Admission is \$8.50, and includes pizza, soft drinks, and a live DJ. Come for the waves, but stay for the prizes that will be given away all night long.

Tube the Salt River with BOSS

Better Opportunities for Single Soldiers plans a Salt River tubing trip Saturday. Departure time is 5 a.m. Return departure time is 6 p.m. A \$5 refundable deposit is required. BOSS provides transportation and activity costs. Participants pay only for food and drink only. This trip is open to all, but seating is limited to 30 people.

Single Soldiers, geographic bachelors and single parents looking for something to do are invited to attend the Installation Better Opportunities for Single Soldiers meetings at 3 p.m. every other week at Murr Community Center. The next meeting is Aug. 2.

BOSS deals with Recreation, Community Service and Quality of Life issues of single Soldiers. Every unit has a BOSS Representative.

For information, email Eugene.domingue@hua.army.mil or call 533-4355.

Teen bands needed

The Scene, a back-to-school promotion at The Mall in Sierra Vista is seeking teen bands to participate in an after-hours party July 30. Teens 13-17 will compete in a Battle of the Bands competition and will be judged by their peers. Prizes will be awarded to the top three bands.

For more information, contact the mall office at 452-0011.

Bisbee Farmers Market

At 9:30 a.m. on Saturday at the Bisbee Farmers Market, Sandi Simpson and Kay Coats will give a talk about decorative beading. Other upcoming events at the market include: a presentation by the Bisbee Food Co-op on Saturday, Herb Fest on July 29 and a "Creating a Butterfly and Bird Habitat" presentation on Aug. 5.

The Bisbee Farmers Market is open in Vista Park from 8 a.m. - noon on Saturdays.

To get to Vista Park from Sierra Vista, take either Highway 92 or Highway 90 then Highway 80 to the Bisbee roundabout. Take the Bisbee Road exit and continue until you reach Vista Park on the left.

For information, call 234-3306 or email jackcannon2005@msn.com.

Northern Arizona trip planned

Sedona, Flagstaff, Montezuma's Castle and the Grand Canyon are part of Parks and Leisure Service's Northern Arizona trip. A motor coach departs from the Ethel Berger Center, Tacoma Street, Sierra Vista at 7 a.m. Monday. The tour includes round trip transportation, four nights lodging and breakfast, two lunches, water, snacks, a tour guide, and driver. All entrance fees for attractions are listed separately on itinerary. Trip cost is \$675.00. Call Chris Swan to register at 417-6980.

Vacation Bible School

Vacation Bible School takes place July 31-Aug. 4 from 9 a.m. until noon at the Main Post Chapel. This event is open to children of all faith denominations who have completed Kindergarten through 4th grade. Register through July 28.

Volunteers are needed. Children who have completed 5th grade and above as well as adults are invited to volunteer. There will be child care available for children of volunteers.

For information, call Rosemary Pino at 533-2366 or 220-9427.

Ranching presentation at Carr

At 1:30 p.m. on Sunday join Wendy Glenn of the Malpai Borderlands Group at Carr House. The MBG was founded to preserve open space, rural life and ranching in far southeastern Arizona and southwestern New Mexico while protecting the area's wildlife habitat. Glenn will explain who they are and how this group of ranchers has succeeded to become a model of private and government cooperation. Among other activities, they help plan prescribed burns across ranching boundaries, have established 'grass banks' for ranchers during periods of drought and after wildfire.

Carr House Visitor Information Center is open from 9 a.m. to 4 p.m. Saturdays and Sundays. The center is operated by the "Friends of the Huachuca

See **COMMUNITY**, page B7

At The Movies

Showing at the Cochise Theater for the next week are:

RAFFES

Today -7 p.m.

The Omen

R

Friday

Cars

G

Saturday -7 p.m.

Fast and Furious:

Tokyo Drift

PG-13

Sunday -2 p.m.

Cars

G

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

The Commander's Access Channel is your channel. We provide a window to the military community that you live in. Committed to the value of community television we are your source for military news and local information. We share in your successes and connect you to the events that are shaping your future. We're your channel.... Cable 97.



Coming in August is "Where's Wette?"

The contest starts with the August 3 Scout.

Identify Wette the Waterdrop's location in the photo to be published every other week and email your answer to the Scout. All



correct answers received by noon on the Monday after the photo is published will be entered into a drawing for a prize. The winner's name will be published in that week's Scout along with the correct answer about Wette's location and the water-saving tips that led to the Water Wise visit to that specific destination.

Email your best guess to:
thescout@hua.army.mil

Good Luck!

From **COMMUNITY**, page B6

Mountains,” a volunteer group affiliated with the Coronado National Forest.

Carr House is located about 2.25 miles up Carr Canyon Road, off Highway 92 adjacent to the Mesquite Tree parking lot. Turn right (west) and follow the road into the Huachuca Mountains. Bear left into the road fork into the parking lot.

Free, educational programs are offered at 1:30 p.m. every other Sunday. On Aug. 6 Tom Miscione will present his ever-popular family oriented program “Hooray for Herps-Snakes, Lizards and More!” This is an outdoor program, so bring lawn chairs.

For information, call 378-1563.

2006 Citizen Police Academy

The next Sierra Vista Police Department Citizen Police Academy is coming up, so enroll now. The academy is for citizens interested in becoming more informed about the function of the police department in the community. Classes will be held Wednesday evenings from 6 to 9 p.m. for 12 consecutive weeks.

Students will be involved with numerous activities, including touring the police facility, hands-on simulated weapons training, evidence processing, and participating in a ride-along with an on-duty police officer. The program will also enable participants to express their own thoughts and concerns to police employees. Academy graduates will have an understanding and an insider’s view of our law enforcement operations.

For more information about the Citizen Police Academy or to obtain an application, you may visit the City’s website at www.ci.sierra-vista.az.us or contact the Sierra Vista Police Department, Monday through Friday at 452-7200.

Free preservation and encapsulation workshop

On Monday from 9 a.m. to 4 p.m. at the Oscar Yrun Community Center, the Henry F. Hauser Museum in sponsoring a preservation and encapsulation workshop. Learn how to preserve family documents, photographs, and other precious heirlooms.

The instructor, Steve Hoza, is the professional conservator for the Hoo-hoogam Ki Museum in Scottsdale.

Registration is limited, so register early. The preservation portion of the workshop runs from 9-11:30 a.m. followed by a break for lunch. Encapsulation portion lasts from 1- 4 p.m.

For information, call Nancy Krieski at 417-6980.

Summer concerts in the park

Join John Rodriquez tonight at 7 p.m. as he performs in our annual Summer Concerts in the Park series. Bring the whole family to Veterans’ Memorial Park every Thursday this summer for a relaxing night of music.

Summer block party in Veterans’ Memorial Park

Youth 18 and under are invited to jam to DJ Tech-Effect from 7 - 10 p.m. tomorrow at Veterans’ Memorial Park in Sierra Vista. Meet your crew at the Park for three hours of free music, socializing and dancing.

Movies under the stars

“Men In Black” is the featured movie beginning at sunset Saturday in Veterans’ Memorial Park, Sierra Vista.

Audiences will enjoy high-definition digital projection and wireless FM stereo.

Weekly shows are free, rated PG, and begin promptly at sunset. On-site concessions are also available. Enjoy the movies outdoors on the lawn in the park, or from the comfort of your car in the parking lot

Dive-in movie

From 7 to 10 p.m. tomorrow watch “Finding Nemo” at The Cove. For \$8.50, relax, float and have all-you-can-eat popcorn, soda and candy. Waves will be cranking from 7 to 7:30 p.m. and immediately after the movie until 10 p.m.

Free open swim

Free open swim takes place Wednesdays, sponsored by Arizona Physicians IPA through Aug. 2. Admission is free for the first 150 youth 5-17 who come to swim. Children under 5 must be accompanied by an adult while at the Cove. Doors open at 1:30 p.m.

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